

## Physical Education

**Qualification:** GCSE

**Exam Board:** Edexcel

### Introduction

PE will offer students the opportunity to develop their skills in a wide range of sports and activities and help them improve their performance. Students will learn about exercise, how the body works to help students exercise effectively and then through training how performance can be improved.

### Course Content

Students study exercise and training, safety and risk assessment in physical activity and sport, anatomy and physiology. Students also participate in a range of activities. They will present 4 activities for assessment for the final exam and complete an analysis of performance in one of these.

### Assessment

Paper 1: One written exam at the end of Year 11 worth **40%** of the final grade

The paper is in three parts:

- Part I — multiple-choice questions
- Part II — short-answer questions
- Part III — scenario questions.

The exam covers the 'Factors Affecting Participation and Performance' and is divided into three sections:

A Exercise and Training

B Safety Aspects and Risk Assessment in Physical Activity and Sport

C Applied Anatomy and Physiology.

Paper 2: Practical activities worth 60% of the final grade

### Why study PE?

#### Opportunities for further study and career pathways

Physical education allows you to develop a wide range of personal skills through involvement in physical activity. The analysis of performance will often involve using ICT as a basis for studying and reviewing different performances.

#### Opportunities for further study:

A good grade at GCSE will help students move on to any related AS, Advanced GCE or Advanced vocational course including work –related courses such as Leisure and Recreation.

#### Career opportunities:

Employment opportunities where PE skills will be particularly valued include the sport and leisure industry, travel and tourism and teaching. Or students may wish to follow this course for its own sake because they are interested in fitness and health and enjoy physical activities.

**For further information contact:** James McNulty